

December 2021

Kadampa Meditation Center Madison

meditationinmadison.org · 1825 Park St. · (608) 661-3211

SUN	MON	TUES	WED	THURS	FRI	SAT
KEY: B - Beginner friendly class or event LS - Livestream class IP - In-person class OSG - Offering to the Spiritual Guide puja FNL - Friday Night Lecture			1 Mid-day Meditation LS B 12:15-12:45 PM Heart Jewel/Lamrim Meditation 5:30-6:30 PM	2 Morning Meditation LS B 7-7:30 AM Tantra: The Practice Class LS/IP B 7-8:30 PM	3 Heart Jewel 12-12:40 PM Friday Class LS/IP B 7-8 PM	4 Powa Practice 5:30-6:30 PM
5 Sunday Morning Series LS/IP B 10-11:15 AM	6 Morning Meditation LS B 7-7:30 AM Monday Night Class LS/IP B 7-8:15 PM	7 Heart Jewel 6-6:40 PM Foundation Program 7-9 PM	8 Mid-day Meditation LS B 12:15-12:45 PM Tara Puja 5:30-6:30 PM	9 Morning Meditation LS B 7-7:30 AM Tantra: The Practice Class LS/IP B 7-8:30 PM	10 OSG with Food Offering 12-2 PM Friday Class LS/IP B 7-8 PM	11 Vadrasattva Retreat: Streams of Purifying Nectar LS/IP 9 AM - 4 PM
12 Sunday Morning Series LS/IP B 10-11:15 AM	13 Morning Meditation LS B 7-7:30 AM Monday Night Class LS/IP B 7-8:15 PM	14 Heart Jewel 6-6:40 PM Foundation Program 7-9 PM	15 Precepts 6:30-7:15 AM Mid-day Meditation LS B 12:15-12:45 PM Heart Jewel/Lamrim Meditation 5:30-6:30 PM	16 Morning Meditation LS B 7-7:30 AM Tantra: The Practice Class LS/IP B 7-8:30 PM	17 Heart Jewel 12-12:40 PM Friday Class LS/IP B 7-8 PM	18 Medicine Buddha 5:30-6:30 PM
19 Sunday Morning Series LS/IP B 10-11:15 AM	20 Morning Meditation LS B 7-7:30 AM Monday Night Class LS/IP B 7-8:15 PM	21 Heart Jewel 6-6:40 PM No FP	22 Mid-day Meditation LS B 12:15-12:45 PM Heart Jewel/Lamrim Meditation 5:30-6:30 PM	23 Morning Meditation LS B 7-7:30 AM	24 Heart Jewel 12-12:40 PM	25 Closed for Christmas Day OSG with Food Offering 10 AM - 12 PM
26 Sunday Morning Series LS/IP B 10-11:15 AM	27 Morning Meditation LS B 7-7:30 AM Monday Night Class LS/IP B 7-8:15 PM	28 Heart Jewel 6-6:40 PM No FP	29 Mid-day Meditation LS B 12:15-12:45 PM WFJ with Food Offering 5:30-7 PM	30 Morning Meditation LS B 7-7:30 AM	31 Heart Jewel 12-12:40 PM Candlelight Meditation for World Peace LS/IP B 7-8:15 PM	