

# November 2021

Kadampa Meditation Center Madison

meditationinmadison.org · 1825 Park St. · (608) 661-3211

SUN	MON	TUES	WED	THURS	FRI	SAT
	<b>1</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Monday Night Class LS/IP B</b> 7-8:15 PM	<b>2</b> <b>Heart Jewel</b> 6-6:40 PM  <b>Foundation Program</b> 7-9 PM	<b>3</b> <b>Mid-day Meditation LS B</b> 12:15-12:45 PM  <b>Heart Jewel/Lamrim Meditation</b> 5:30-6:30 PM	<b>4</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Tantra: The Practice Class LS/IP B</b> 7-8:30 PM	<b>5</b> <b>Heart Jewel</b> 12-12:40 PM  <b>Friday Class LS/IP B</b> 7-8 PM	<b>6</b> <b>Powa Practice</b> 5:30-6:30 PM
<b>7</b> <b>Sunday Morning Series LS/IP B</b> 10-11:15 AM	<b>8</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Tara Puja</b> 4-5 PM  <b>Monday Night Class LS/IP B</b> 7-8:15 PM	<b>9</b> <b>Heart Jewel</b> 6-6:40 PM  <b>Foundation Program</b> 7-9 PM	<b>10</b> <b>Mid-day Meditation LS B</b> 12:15-12:45 PM  <b>OSG with Food Offering</b> 5:30-7:30 PM	<b>11</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Tantra: The Practice Class LS/IP B</b> 7-8:30 PM	<b>12</b> <b>Heart Jewel</b> 12-12:40 PM  <b>Friday Class LS/IP B</b> 7-8 PM	<b>13</b> <b>How to Make Mandala Offerings mini-retreat LS/IP B</b> 10 AM - 1 PM
<b>14</b> <b>Sunday Morning Series LS/IP B</b> 10-11:15 AM	<b>15</b> <b>Precepts</b> 6:30-7:15 AM  <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Monday Night Class LS/IP B</b> 7-8:15 PM	<b>16</b> <b>Heart Jewel</b> 6-6:40 PM  <b>Foundation Program</b> 7-9 PM	<b>17</b> <b>Mid-day Meditation LS B</b> 12:15-12:45 PM  <b>Heart Jewel/Lamrim Meditation</b> 5:30-6:30 PM	<b>18</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Tantra: The Practice Class LS/IP B</b> 7-8:30 PM	<b>19</b> <b>Heart Jewel</b> 12-12:40 PM  <b>FNL: Letting Go of Perfect LS/IP B</b> 7-8:15 PM	<b>20</b> <b>Medicine Buddha</b> 5:30-6:30 PM
<b>21</b> <b>Sunday Morning Series LS/IP B</b> 10-11:15 AM	<b>22</b> <b>Morning Meditation LS B</b> 7-7:30 AM  <b>Monday Night Class LS/IP B</b> 7-8:15 PM	<b>23</b> <b>Heart Jewel</b> 6-6:40 PM  <b>No FP</b>	<b>24</b> <b>Mid-day Meditation LS B</b> 12:15-12:45 PM  <b>Heart Jewel/Lamrim Meditation</b> 5:30-6:30 PM	<b>25</b> <b>Closed for Thanksgiving Day</b>  <b>OSG with Food Offering</b> 5:30-7:30 PM	<b>26</b> <b>Heart Jewel</b> 12-12:40 PM  <b>Friday Class LS/IP B</b> 7-8 PM	<b>27</b>
<b>28</b> <b>Sunday Morning Series LS/IP B</b> 10-11:15 AM	<b>29</b> <b>PROTECTOR DAY Morning Meditation LS B</b> 7-7:30 AM  <b>Wishfulfilling Jewel Puja</b> 4:30-6 PM  <b>Monday Night Class LS/IP B</b> 7-8:15 PM	<b>30</b> <b>Heart Jewel</b> 6-6:40 PM  <b>Foundation Program</b> 7-9 PM	<b>KEY:</b> <b>B</b> - Beginner friendly class or event <b>LS</b> - Livestream class <b>IP</b> - In-person class <b>OSG</b> - Offering to the Spiritual Guide puja <b>FNL</b> - Friday Night Lecture			