

# December 2023



Kadampa Meditation Center Madison  
 meditationinmadison.org · 1825 Park St. · (608) 661-3211

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>SPECIAL NOTES</b> OSG = Offering to the Spiritual Guide WFJ = Wishfulfilling Jewel HYT = Highest Yoga Tantra empowerment required * = livestream available for members					<b>1</b> <b>Lamrim: Stages of the Path*</b> 11am-12pm <b>Powa Practice</b> 6:30-7:30pm	<b>2</b>
<b>3</b> <b>Meditations for World Peace</b> 10-11:15am <b>Coffee, Tea &amp; Community</b> 11:15am - 12pm <b>TTP</b> 4-6pm	<b>4</b> <b>Milwaukee class</b> 6:30-8pm	<b>5</b> <b>Heart Jewel</b> 8-9am <b>35 Confession Buddhas</b> 11-11:45am <b>FP</b> 7-9pm	<b>6</b> <b>Quick Path (HYT)</b> 8-9:30am <b>Meditation at Noon</b> 12-12:30 pm <b>TTP</b> 6:30-8:30pm <b>Quad Cities class</b> 6:30-7:30pm	<b>7</b> <b>Heart Jewel</b> 8-9am	<b>8</b> <b>Lamrim: Stages of the Path*</b> 11am-12pm <b>Tara prayers</b> 6:30-7:30pm	<b>9</b> <b>Sacred Space workshop*</b> 10am-12:30pm <b>Choose Love (Milwaukee)</b> 10am-1pm
<b>10</b> <b>Meditations for World Peace*</b> 10-11:15am <b>Coffee, Tea &amp; Community</b> 11:15am - 12pm <b>OSG with food offering (TTP)</b> 4-6pm	<b>11</b> <b>Milwaukee class</b> 6:30-8pm	<b>12</b> <b>Heart Jewel</b> 8-9am <b>35 Confession Buddhas</b> 11-11:45am <b>FP</b> 7-9pm	<b>13</b> <b>Quick Path (HYT)</b> 8-9:30am <b>Meditation at Noon</b> 12-12:30 pm <b>TTP</b> 6:30-8:30pm <b>Quad Cities class</b> 6:30-7:30pm	<b>14</b> <b>Heart Jewel</b> 8-9am	<b>15</b> <b>PRECEPTS DAY</b> <b>Precepts</b> 6:30-7:15am <b>Lamrim: Stages of the Path*</b> 11am-12pm <b>Discover the Dreamlike Nature of Reality (Quad Cities)</b> 6:30-8pm	<b>16</b> <b>Center Cherishing</b> 9am-12pm <b>The Gift of Love - a special holiday celebration and dinner</b> 6-6:45pm Teaching and Guided Meditation 7pm Dinner
<b>17</b> <b>Meditations for World Peace*</b> 10-11:15am <b>Coffee, Tea &amp; Community</b> 11:15am - 12pm <b>TTP break begins</b>	<b>18</b> <b>Milwaukee class</b> 6:30-8pm	<b>19</b> <b>Heart Jewel</b> 8-9am <b>35 Confession Buddhas</b> 11-11:45am <b>FP break begins</b>	<b>20</b> <b>Quick Path (HYT)</b> 8-9:30am <b>Meditation at Noon</b> 12-12:30 pm <b>Quad Cities class</b> 6:30-7:30pm	<b>21</b> <b>Heart Jewel</b> 8-9am	<b>22</b> <b>Lamrim: Stages of the Path*</b> 11am-12pm	<b>23</b>
<b>24</b> <b>Meditations for World Peace*</b> 10-11:15am <b>Coffee, Tea &amp; Community</b> 11:15am - 12pm	<b>25</b> <b>OSG with food offering</b> 4-6pm	<b>26</b>	<b>27</b> <b>Meditation at Noon</b> 12-12:30 pm <b>Quad Cities class</b> 6:30-7:30pm	<b>28</b>	<b>29</b> <b>PROTECTOR DAY</b> <b>Lamrim: Stages of the Path*</b> 11am-12pm <b>WFJ with food offering</b> 6:30-8:30pm	<b>30</b>
<b>31</b> <b>Meditations for World Peace*</b> 10-11:15am <b>Coffee, Tea &amp; Community</b> 11:15am - 12pm <b>New Year's Eve celebration</b> 8:30pm - talk & guided meditation* 9:45pm - refreshments 11pm - Tara prayers	<b>COLOR KEY:</b> <b>Special classes</b> in blue <b>Pujas</b> in green <b>Weekly classes</b> in black					