

JANUARY 2026

Kadampa Meditation Center Madison

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Puja: Ritual Prayers (free for all) Foundation Program (FP): Enrollment required Teacher Training Program (TTP): Enrollment required (Note: class is on break during January)		Register at the door or in advance for all other classes. Check our website for an interactive calendar experience. Glossary OSG: Offering to the Spiritual Guide WFJ: Wishfulfilling Jewel		1 6:30pm Thursday class break	2 11am Lamrim: Stages of the Path The 3 Principal Aspects of the Path Fri 7-8:15pm • Sat 10am-4:15pm • Sun 1-4:15pm	3
4 10-11:15am Sunday Morning Meditation The 3 Principal Aspects of the Path 1-4:15pm	5 6-7:30pm Library Talk in Milwaukee	6 8-9am Puja: Heart Jewel 11am-12pm Puja: 35 Confession Buddhas <i>FP class break</i>	7 8-10am Puja: Quick Path (HYT) <i>Meditation at Noon class break</i>	8 5-6pm Puja: Tara Prayers <i>Thursday class break</i>	9 11am-12pm Lamrim: Stages of the Path Vajrayogini Retreat Fri 7-8:30pm • Sat 9am-4:45pm • Sun 1-5pm	10 3-5pm Puja: OSG with Tsog
11 10-11:15am Sunday Morning Meditation Vajrayogini Retreat 1-5pm	12 6:30-8pm Meditation for Everyone (MKE)	13 8-9am Puja: Heart Jewel 11am-12pm Puja: 35 Confession Buddhas 6:30-8:30pm Foundation Program	14 8-10am Puja: Quick Path (HYT) 12-12:30pm Meditation at Noon	15 6:30-7:15am Precepts <i>Thursday class break</i>	16 11am-12pm Lamrim: Stages of the Path	17
18 10-11:15am Sunday Morning Meditation	19 6:30-8pm Meditation for Everyone (MKE)	20 8-9am Puja: Heart Jewel 11am-12pm Puja: 35 Confession Buddhas 6:30-8:30pm Foundation Program	21 8-10am Puja: Quick Path (HYT) 12-12:30pm Meditation at Noon	22 <i>Thursday class break</i>	23 11am-12pm Lamrim: Stages of the Path Complete Purity: the Practice of Vajrasattva Fri 7-8:30pm • Sat 10am-4:15pm	24
25 10-11:15am Sunday Morning Meditation 4-6pm Puja: OSG with Tsog	26 6:30-8pm Meditation for Everyone (MKE)	27 8-9am Puja: Heart Jewel 11am-12pm Puja: 35 Confession Buddhas 6:30-8:30pm Foundation Program	28 8-10am Puja: Quick Path (HYT) 12-12:30pm Meditation at Noon	29 Protector Day 6-7:30pm Puja: WFJ with Tsog <i>Thursday class break</i>	30 11am-12pm Lamrim: Stages of the Path	31 10am-1pm Clear Sky Mind Retreat